



WOODSENSE PACKING LIST

What you need to bring with you

Your equipment needs for Woodlore courses are basic. Please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. The Woodlore motto is: Learn to carry less by knowing more.

We hope you find the following checklist useful:

| ITEM | ✓ |
|---|---|
| SUITABLE OUTDOOR CLOTHING & SPARE SET including waterproofs. Mute colours are best. | |
| WARM SLEEPING BAG | |
| INSULATING SLEEPING MAT | |
| LIGHTWEIGHT TENT OR SIMILAR SHELTER | |
| FOOD | |
| STOVE & FUEL & COOKING EQUIPMENT | |
| MUG AND EATING UTENSILS | |
| WATER BOTTLE (2 x 1litre) | |
| PERSONAL TOILETRIES/MEDICATION | |
| WASH KIT & LARGE TOWEL | |
| SUNSCREEN | |
| LIPSALVE | |
| GOOD INSECT REPELLENT | |
| WHISTLE | |
| NOTEBOOK & PENCIL | |
| SMALL FIRST AID KIT (plasters, bandages, headache pills, etc.) | |
| HEADTORCH WITH FRESH BATTERIES & 2 SPARE SETS | |
| SMALL DAY-SACK | |
| BINOCULARS* | |
| COMPASS | |

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. **Mute, natural colours** will increase your chances of observing wildlife closely. Bring an old pair of trainers for dry conditions, and hiking boots for wet weather.

*If you do not already own any binoculars, please do not go out and spend lots of money on a new set. Try to borrow some from family or friends. Your opinion about what is best for you will change after the course.

PLEASE NOTE: axes must not be used at any time unless the individual has permission from the instructor leading the course.