



JUNIOR FUNDAMENTAL PACKING LIST

What you need to bring with you

Your equipment needs for Woodlore courses are basic. Please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. The Woodlore motto is: Learn to carry less by knowing more.

We hope you find the following checklist useful:

| ITEM | ✓ |
|---|---|
| SUITABLE OUTDOOR CLOTHING & SPARE SET including waterproof top and bottoms! | |
| SUN HAT | |
| WOOLLEN HAT | |
| SWIMMING COSTUME | |
| WARM SLEEPING BAG | |
| GORE-TEX / BREATHABLE BIVI BAG (not an orange, plastic survival bag) | |
| INSULATING SLEEPING MAT | |
| LIGHTWEIGHT TENT OR SIMILAR SHELTER | |
| KNIFE, SPOON, MUG, BOWL AND PLATE | |
| WATER BOTTLES x2 (2 x 1 Litre bottle) | |
| PERSONAL TOILETRIES/MEDICATION | |
| WASH KIT AND LARGE TOWEL | |
| SUNSCREEN | |
| LIPSALVE | |
| GOOD INSECT REPELLANT | |
| WHISTLE | |
| NOTEBOOK & PENCIL | |
| SMALL FIRST AID KIT | |
| HEADTORCH WITH FRESH BATTERIES & 2 SPARE SETS | |
| 5m PARA CORD | |
| SMALL DAY-SACK | |
| RUCKSACK to carry all above kit | |

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. Mute, neutral colours will increase your chances of observing wildlife closely. Bring an old pair of trainers for dry conditions, and hiking boots for wet weather.

Special dietary requirements – please contact the office

N.B. All students participating in the Junior Fundamental courses will be given a carbon steel training knife and loaned a folding saw. Please do not bring any knives with you as they will be confiscated on arrival.