



INTRODUCTION TO BUSHCRAFT PACKING LIST

What you need to bring with you

Your equipment needs for Woodlore courses are basic. Please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. The Woodlore motto is: Learn to carry less by knowing more.

We hope you find the following checklist useful:

ITEM	✓
SUITABLE OUTDOOR CLOTHING & SPARE SET including Waterproofs	
SUN HAT	
WOOLLEN HAT	
WARM SLEEPING BAG	
GORE-TEX / BREATHABLE BIVI BAG (optional – if you have one bring it)	
INSULATED SLEEPING MAT	
LIGHTWEIGHT TENT OR SIMILAR SHELTER*	
KNIFE, FORK, SPOON, MUG, BOWL AND PLATE	
WATER BOTTLE (1-1.5 LITRE MINERAL BOTTLE WILL SUFFICE)	
PERSONAL MEDICATION	
WASH KIT	
SUNSCREEN	
LIPSALVE	
GOOD INSECT REPELLANT	
WHISTLE	
NOTEBOOK & SOFT LEAD PENCIL	
SMALL FIRST AID KIT (plasters, bandages, headache pills, etc.)	
HEADTORCH WITH FRESH BATTERIES & 2 SPARE SETS	
SMALL DAY-SACK	

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. Mute, natural colours will increase your chances of observing wildlife closely. An old pair of trainers are ideal for dry conditions, and wellies or hiking boots for wet weather.

Special dietary requirements - please bring your own food.

*If you are willing to sleep out under a lightweight fly sheet or in an improvised shelter, you do not need to bring a tent or other form of shelter.

Please not bring cutting tools to this course.