



FUNDAMENTAL BUSHCRAFT PACKING LIST

What you need to bring with you

Your equipment needs for Woodlore courses are basic. Please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. The Woodlore motto is: Learn to carry less by knowing more.

We hope you find the following checklist useful:

ITEM	✓
SUITABLE OUTDOOR CLOTHING & SPARE SET including waterproofs	
SUN HAT	
WOOLLEN HAT	
HIKING BOOTS	
TRAINERS (in case conditions are dry)	
WARM SLEEPING BAG	
GORE-TEX / BREATHABLE BIVI BAG	
INSULATING SLEEPING MAT	
LIGHTWEIGHT TENT OR SIMILAR SHELTER	
KNIFE, SPOON, MUG, BOWL AND PLATE	
WATER BOTTLES (2x 1litre)	
PERSONAL MEDICATION	
WASH KIT & TOWEL	
SUNSCREEN	
LIPSALVE	
GOOD INSECT REPELLANT	
WHISTLE	
NOTEBOOK & PENCIL	
SMALL FIRST AID KIT	
HEADTORCH WITH FRESH BATTERIES & 2 SPARE SETS	
10 M STRONG NYLON CORD (up to 4mm thick)	
SMALL DAY-SACK	
RUCKSACK* plus bin liners (x2)	

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. Mute, natural colours will increase your chances of observing wildlife closely.

Special dietary requirements – please contact the office.

N.B. All students participating in Fundamental courses will be given a carbon steel training knife and loaned a folding saw. **The use of axes is not allowed on this course.**

* Please note that the area in which our Fundamental Bushcraft course is now being held gives us the opportunity to camp in several different areas of small Woodland, therefore it is essential that you bring your kit in a rucksack rather than a suitcase or holdall.