



## CAMP CRAFT WORKSHOP PACKING LIST

### What you need to bring with you

Your equipment needs for Woodlore courses are basic. Please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. The Woodlore motto is: Learn to carry less by knowing more.

We hope you find the following checklist useful:

| ITEM   | ✓ |
|--|---|
| SUITABLE OUTDOOR CLOTHING & SPARE SET including waterproofs    |   |
| WARM SLEEPING BAG  |   |
| GORE-TEX / BREATHABLE BIVI BAG                                 |   |
| INSULATING SLEEPING MAT  |   |
| FOOD   |   |
| STOVE & FUEL & COOKING EQUIPMENT                               |   |
| MUG AND EATING UTENSILS  |   |
| WATER BOTTLE (1-1.5 LITRE MINERAL BOTTLE WILL SUFFICE)         |   |
| PERSONAL TOILETRIES/MEDICATION                                 |   |
| SUNSCREEN  |   |
| LIPSALVE   |   |
| GOOD INSECT REPELLANT  |   |
| WHISTLE  |   |
| NOTEBOOK & SOFT LEAD PENCIL                                    |   |
| SMALL FIRST AID KIT (plasters, bandages, headache pills, etc.) |   |
| HEADTORCH WITH FRESH BATTERIES & 2 SPARE SETS                  |   |
| FOLDING SAW  |   |
| SMALL FOREST AXE, if you already have one                      |   |

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. Mute, natural colours will increase your chances of observing wildlife closely. An old pair of trainers are ideal for dry conditions, and hiking boots for wet weather.